DIVISION MEMORANDUM
OSDS-SGOD-DM-003, 2020

PSYCHOLOGICAL FIRST AID TRAINING OF TRAINERS

To: Chiefs, CID & SGOD
   Education Program Supervisors
   Public Schools District Supervisors
   Selected Elementary and All Secondary School Heads
   All concerned

1. As part of the Division’s Resilience Education campaign and to ensure Emergency and Disaster Preparedness, this Division shall be spearheading a Psychological First Aid Training of Trainers for School DRRM Coordinators which will be conducted on January 13-15, 2020 (Live-in) at ARDCI Corporate Inn.

2. Participants of the training are selected 56 Designation School DRRM Coordinators of selected schools (1 participant per school) and 12 Health and Nutrition Unit Nurses. Attached is the List of Participants. Attached also is the Program of Activities. Also please be advised of the following:

   a. Check-In/Registration shall be on January 12, 2020, 01:00 PM
   b. Check-out shall be on January 15, 2020 at 12:00 Noon
   c. First Meal will be dinner of Day 0 – January 12, 2020
   d. Please wear comfortable clothes (jeans, shirts, rubber shoes/sandals)

3. Travel expenses of the participants to this activity shall be charged to school MOOE fund subject to the usual accounting and auditing rules and regulations.

4. Immediate dissemination and compliance of this Memorandum is highly desired.

Encl:
References:
To be indicated in the Perpetual Index
Under the following subjects:

CTS/ DM PSYCHOLOGICAL FIRST AID TRAINING OF TRAINERS
PSYCHOLOGICAL FIRST AID TRAINING OF TRAINERS  
January 13-15, 2020  
ARDCI Corporate Inn  

List of Participants

| Municipality of Bagamanoc | 1. Bagamanoc Rural Development High School  
| | 2. Bugao National High School  
| | 3. San Vicente National High School  
| | 4. Bagamanoc Central Elementary School  
| Municipality of Baras | 5. Agban National High School  
| | 6. Baras Rural Development High School  
| | 7. Barac Central Elementary School  
| Municipality of Bato | 8. Bato Rural Development High School  
| | 9. Bote Integrated School  
| | 10. Cabugao Integrated School  
| | 11. Bato Central Elementary School  
| Municipality of Caramoran | 12. Caramoran Rural Development High School  
| | 13. Caramoran School of Fisheries  
| | 14. Dario National High School  
| | 15. Milaviga Integrated School  
| | 16. Palumbanes Integrated School  
| | 17. Supang-Datag National High School  
| | 18. Tubli National High School  
| | 19. Caramoran Central Elementary School  
| Municipality of Gigmoto | 20. Dororian National High School  
| | 21. Gigmoto Rural Development High School  
| | 22. Sicmil Integrated School  
| Municipality of Pandan | 23. Coboc Integrated School  
| | 24. LIV Senior high School  
| | 25. Pandan School of Arts and Trades  
| | 26. Pandan Central Elementary School  
| Municipality of Panganiban | 27. Panganiban National High School  
| | 28. Panganiban National High School – CAIC Compound  
| Municipality of San Andres | 29. Cabcab National High School  
| | 30. Codon National High School  
| | 31. Lictin Integrated School  
| | 32. Manambrag National High School  
| | 33. Mayngaway National High School  

San Remigio, Visayas, Catanduanes  
(035) 811 40 68  
catanduanes@deped.gov.ph  
www.depcedcatanduanes.gov.ph
| Municipality of San Miguel | 34. San Andres Vocational School  
35. San Andres Central Elementary School  
36. Aligua Elementary School  
37. San Miguel Rural Development High School  
38. San Miguel Rural Development High School - Annex (Mabato High School)  
39. San Miguel Central Elementary School |
| Municipality of Viga | 40. San Jose National High School  
41. Tambongon National High School  
42. Tinago National High School  
43. Viga Rural Development High School  
44. Viga Central Elementary School  |
| Municipality of Virac | 45. Antipolo National High School  
46. Buyo Integrated School  
47. Calatagan High School  
48. Catanduanes National High School  
49. Hawan National High School  
50. Magnesia National High School  
51. Palta National High School  
52. Virac Pilot Elementary School  
53. Virac Central Elementary School |
| Health and Nutrition Unit | 54. Kristine Santelices  
55. Amylou Celso  
56. Hidelita Posada  
57. Juvy T. Trinidad (Virac Pilot)  
58. Erlinda A. Manlangit (Palta National High School)  
59. Michelle Del Rosario (CNHS)  
60. Rosalyn Rosette Tejerero (BRDHS)  
61. Ma. Theresa Abundo  
62. Jennifer Casallo  
63. Myrna Carilimidiliman  
64. Maribel Samonte  
65. Rosita Tabirara |
| Youth Formation Division | 66. Eva Cariño  
67. Rosario Vegim  
68. Vernie A. Robles, GC III  
69. Juvy Gianan, GC III  
70. Salvador Flores, GC Designate |

**Working Committee**

<p>| Resource Speaker | Mariflor Gatchalian, PAP |
| Facilitators | 1. Mary Grace De Jesus |</p>
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<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>In-charge</th>
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<tbody>
<tr>
<td>02:00 pm</td>
<td>Leveling Off of Facilitators</td>
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<tr>
<td>06:00 pm</td>
<td>Dinner</td>
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<td>08:00 - 08:30</td>
<td>Opening Preliminaries</td>
<td>PFA Facilitators</td>
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<td>08:30 - 12:00</td>
<td>PFA Overview</td>
<td>Resource Speaker, PAP</td>
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<td>12:00 - 01:00</td>
<td>Lunch Break</td>
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<tr>
<td>01:00 - 01:30</td>
<td>Preliminary activity for Module 1</td>
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<td>01:30 - 05:00</td>
<td>Module 1</td>
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<td>08:00 - 08:30</td>
<td>Recap</td>
<td>Participants</td>
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<tr>
<td>08:30 - 09:00</td>
<td>Preliminary activity for Module 2</td>
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<td>12:00 - 01:00</td>
<td>Lunch</td>
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<tr>
<td>01:00 - 03:00</td>
<td>Reframing Activity</td>
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<td>03:00 - 04:00</td>
<td>Closing Program</td>
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