



Republic of the Philippines
Department of Education
Region V (Bicol)
DIVISION OF CATANDUANES
Virac, Catanduanes



DIVISION MEMORANDUM
No. 255 s. 2018

TO : SDO Chiefs (CID/SGOD)
Public Schools District Supervisor
Elementary & Secondary School Heads

FROM : *[Signature]*
SOCORRO V. DELA ROSA, CESO VI
Schools Division Superintendent

SUBJECT : **DIVISION SEMINAR ON SYSTEMATIC TRAINING ON
EFFECTIVE PARENTING (STEP)**

DATE : **October 1, 2018**

RELEASED

DepEd, Division of Catanduanes
RECORDS SECTION
Date: OCT 01 2018
Time: 4:45 P.M.
Initial/Signature: *[Signature]*

1. The Health and Nutrition of Section of Division of Catanduanes will conduct a **Division Seminar on Systematic Training on Effective Parenting (STEP)** on October 11-12, 2018 at **CSU AUDITORIUM** at 8:00am. This activity is part of the National Drug Education Program (NDEP) of Oplan sa Kalusugan ,OK sa Deped Program .
2. The objective of this activity are the following :
 - Orient the participants on systematic training for effective parenting
 - Discuss the role of parents in drug abuse prevention and control program
 - Formulate action plan for the school roll-out of the program
3. The participants of this activity will be the **Elementary and Secondary NDEP Coordinators**. Please submit the name of participants of your respective schools for Elementary c/o Dr. Amylou B. Celso (09205066586) and for secondary c/o Emeline Francia Abrasaldo (09258382832) on or before October 8, 2018. Attached is the schedule of the activities.
4. A Registration of Php 700 (inclusive of 2 snacks and 1 lunch) and travel and other incidental expenses will be chargeable against school GAD funds subject to the usual accounting and auditing rules and regulation. Meanwhile, the Hall rental and sound system and other incidental expenses will be chargeable against RDT funds.
5. For immediate dissemination and compliance



SCHEDULE OF ACTIVITIES

Day 1	time	Activities	Persons- in Charge
October 11, 2018			
	7:00-8:00	Registration	Erma Pampanga Myrna Carilimdiliman
	8:00-9:00	Opening Program	Eva Carino
	9:00- 9:30am	Overview of National Drug Education Program	E. Abrasaldo
	9:30- 12:00nn	Discovering Oneself as a Parent and Building Self Steem	R. Sosito
	12:00- 1:00pm	Lunch Break	
	1:00- 2:00PM	Stages of Man's Social & Psychological Development	Dr. Santelices
	2:00- 3:00pm	Responsible Parenthood	POPCOM
	3:00- 4:00pm	Communication with your Child	R. Vegim
	4:00- 5:00pm	Understanding Children's Behavior & Misbehavior	R. Lazado
Day 2	7:00-8:00	Registration MOL	Rosita Tabirara Jennifer Casallo
	8:00- 9:00am	Natural Logical Consequences; a method of discipline that develop responsibility	R. Sosito
	9:00- 10:00am	Role of a Parent on drug Abuse prevention and Intervention	E. Abrasaldo
	10:00- 11:00am	Presentation of Action Plan	E. Abrasaldo
	11:00am- 12;00pm	Closing Program	A. Joson

HEALTH PERSONNEL ON DUTY:

DAY 1 : MARIBEL SAMONTE & MA. THERESA ABUNDO

DAY 2 : DR. HEDILITA POSADA & DR. AMYLOU B. CELSO