

#### MODULE 4 GO FOODS









cupcake







#### cupcake



Mais is made of whole grain, with fiber for healthy digestion.



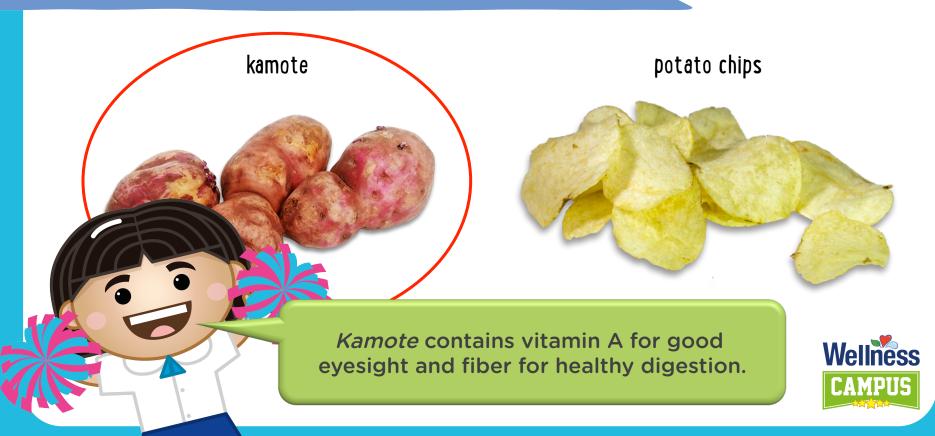




potato chips











#### suman









Suman has less sugar and is more filling.

suman

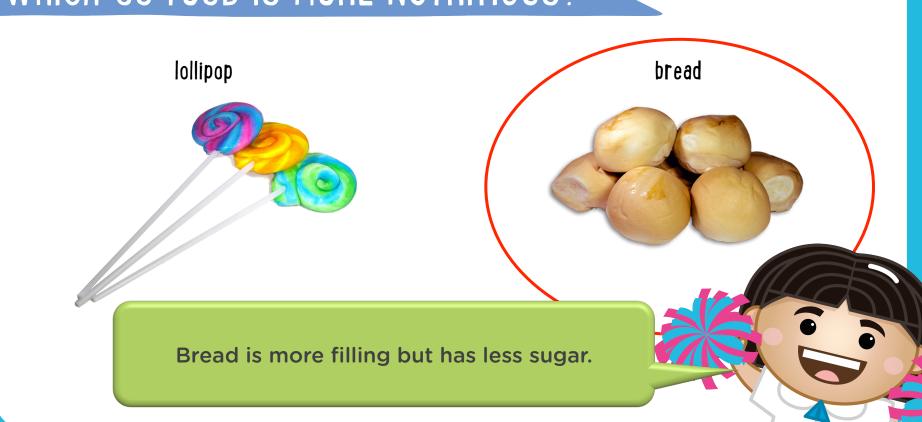




bread







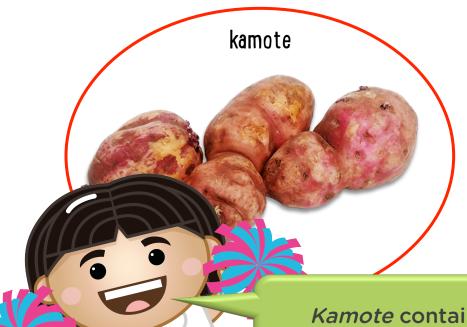




cupcake





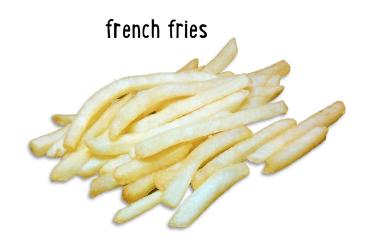


#### cupcake



Kamote contains vitamin A for good eyesight and fiber for healthy digestion.

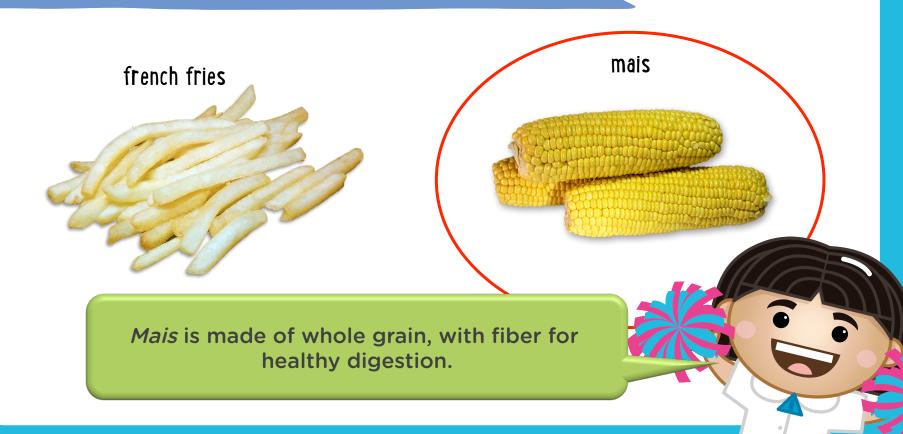




#### mais







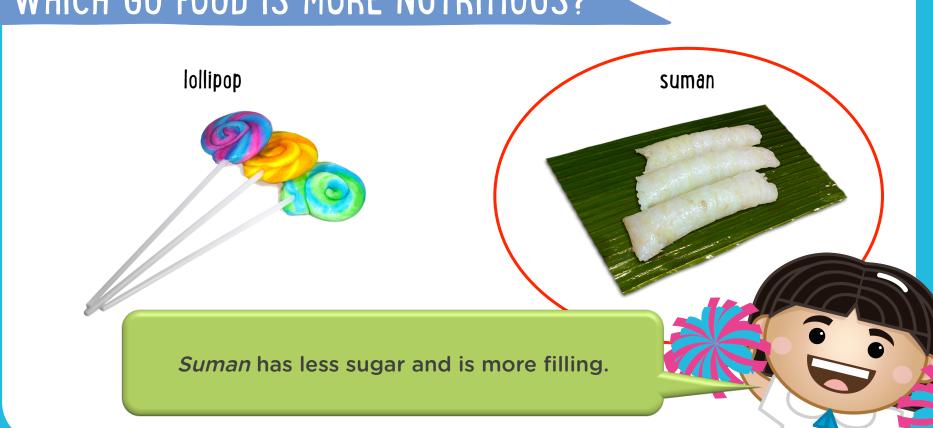




suman







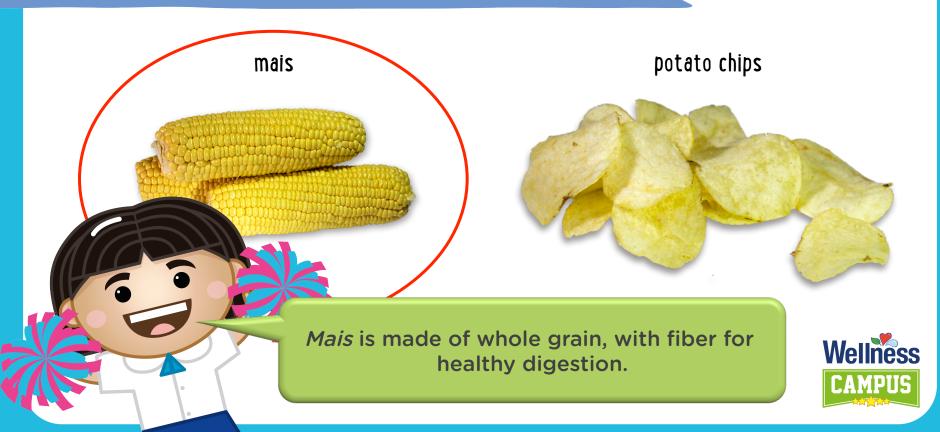




potato chips







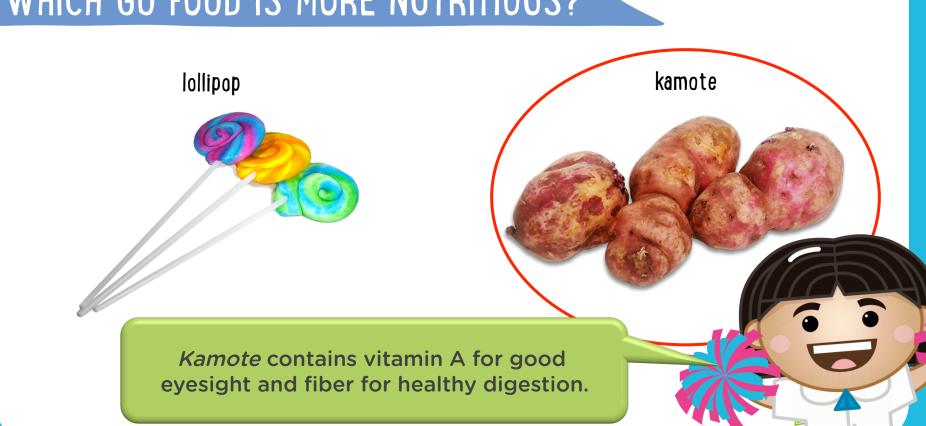




kamote







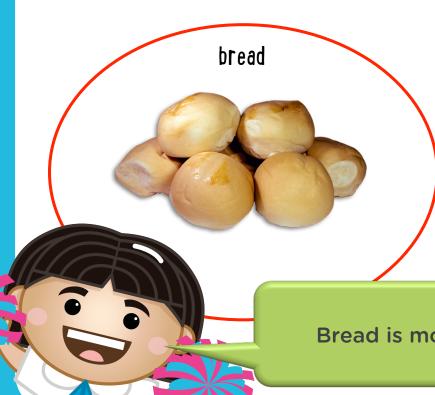




cupcake







cupcake



Bread is more filling but has less sugar.





#### mais





