

YES Campers in Action



The campers keep themselves busy doing the recycling activity.



Got interested! The eager campers watch the demonstration of the facilitators in producing something out of nothing.



The beauties during the pageant night wear the Kalikasan attire made of recycled and indigenous materials.



Excited and happy! The Catanduanes National High School campers posed with the crowned Lakan and Lakambini ng kalikasan 2013.



Aiming to win! The speech choir participants of Antipolo NHS recite their piece.



Acting as trees to convey the message of the importance of Kalikasan.



The Official Newsletter of the 11th Division YES Camp, Division of Catanduanes

YES Camp Held at Twin Rock Beach Resort

Seven hundred campers and fifty nine Advisers gathered at Twin Rock Beach Resort in Igang, Virac, Catanduanes for the holding of the 11th YES Camp with the theme “Reducing Carbon Footprints”. This was managed by Ms. Mary Jean S. Romero, the Education Program Supervisor for Science with the help of the Science Club Advisers Association of Catanduanes (SCAAC) Officers headed by Mr. Roy Aguilar, Master Teacher of Bato Rural Development High School.

On Sept 22, the opening program was graced by the Officer in Charge of the Office of the Schools Division Superintendent, Mr. Jose Doncillo, the Director of the Research and Extension of the Catanduanes State Colleges and at the same time the Guest Speaker, Dr. Estrella Placides and the Barangay Captain of Igang, Virac, Catanduanes, Hon. Ronnie Clemente.

Mr. Doncillo in his talk inspired the students of the 21st century mind and skills that everyone should possess. He likewise emphasized and explained to the campers the five minds of the future

(Continued on page 4)



Lakan at lakambini ng kalikasan 2013 winner Jovinel M. Gianan and April Joy A. Gregorio of Catanduanes National High School.

CNHS GRABS 2013 LAKAN AND LAKAMBINI NG KALIKASAN TITLE

The most coveted Lakan and Lakambini ng Kalikasan title was awarded to Catanduanes National High School contestants after surviving the test of beauty and intelligence. The Search was one of the highlights of the YES Camp held at Twin Rock Beach Resort, Sept. 24.

Crowned Lakambini ng Kalikasan is April Joy A. Gregorio. She is a junior student under the Science Technology and Oriented Curriculum (STOC). She is the daughter of Mr. Roland T. Gregorio and Mrs. Analisa A. Gregorio. Her ambition is to become medical technologist and pediatrician.

Describing herself as outgoing,

(Continued on page 4)

EDITORIAL

THE YES CAMP FOR GREENING

The continuous environmental degradation threatens the life-support system of the humankind. While the problem exists, the solution concerns everyone; thus, an urgent call for all to make the environment green again.

The holding of Youth for Environmental Science (YES) Camp as one activity of the Department of Education is a response to this call. This year the Division of Catanduanes holds the 11th YES Camp. Seven hundred campers and fifty nine advisers gathered at Twin Rock Beach Resort in Igang, Virac, Catanduanes for this significant event.

Surely, the YES Camp can contribute to the greening of the environment. The different activities and contests have rekindled the awareness of the young of the importance of protecting the environment and their big roles as stewards of God's creations to save the Mother Nature from dying. As what the Officer-in-Charge of the Office of the Schools Division Superintendent, Mr. Jose L. Doncillo, has stressed in the opening program: YES Camp is a perfect a venue for developing MAKAKALIKASAN students.

Dr. Estrella Placides, Director of the Research and Extension of the Catanduanes State University and the Guest Speaker during the opening program also emphasized the importance of possessing the right values and attitudes. The YES camp is another perfect venue for greening the heart of the campers through the values and lessons they have learned from the three-

day camp.

Yes, indeed, the YES Camp paves the way for greening. While it is true that joining entails expenses, effort and time, the involvement is a life time investment for environmental protection. May we, all, be a part of this worthy undertaking every year.

OPINION: YES Campers' Voice

What Makes the 11th YES CAMP Different?

As future hope of the society, the voice of the young is important to be heard. We conducted random interview to find out their opinion about the holding of this 11th YES Camp. Here are some of their views:

- It is more exciting and interesting because of the new and different activities
- It is more systematic and organized.
- It is different now since there is no lecture but instead different activities where the lessons could be easily internalized were provided.
- The participants are treated fairly and with respect.
- The criteria for each contest are well presented.

To sum up, the holding of the 11th YES Camp is noticeably different.

YES CAMP BULLETIN

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The Highlights of the YES Camp

The Youth for Environmental Science (YES) camp lasted for three days. From the start up to the closing program, it has sustained the interest and active participation of the campers. Here are some of the captivating activities.

During the opening program, all were inspired by the talk of the Superintendent about the 21st century mind and skills and the five discipline mind that everyone should possess. The message of the Guest Speaker captured to the interest of the campers. She successfully delivered the message to the youth using the conversational discussion of the theme: "Reducing Carbon Footprints." The opening program set the mood of the campers.

In the evening, it was amazing that after one hour, the students using the indigenous materials made the costume of their candidates for Lakan and Lakambini ng Kalikasan with different artistic styles. The judges found difficulty to choose the best for all were a product of the creative mind. The innovativeness and resourcefulness of the campers surfaced.

At 8:30, happiness and admiration filled the night for the showcase of talents of the participants for the Search for Lakan and Lakambini. It was a display of multi-intelligences of singing, dancing, acting and painting. Every talent conveyed the message of reducing carbon footprint for the protection of the earth.

The holding of the eight stations highlighted the day's activity on the second day. The campers were divided into eight groups represented by eight colors and each group has the station which offers different interesting activities. The activities

for all the stations were the following: Computation of carbon footprint, up cycling, heal the earth, handicraft, amazing race, where's my water, message in the bottle and the hunger games.

Fourteen schools participated in the speech choir. Applauded and appreciated, each participating school recited beautifully in unison their respective pieces. Before the competition ended, both the participants and the audience have internalized the message of the importance of reducing carbon footprints.

The most awaited Search for Lakan and Lakambini ng Kalikasan caught the attention of the pageant enthusiasts on the evening of the second day. In between of the exposure was the "Sayawit" which was also one of the contests. With mixed feeling of excitement, wonder and tension as to who would be the winners, the audience waited until the end of the pageant. And when the final result was announced, a thundering applause congratulated the winners.

The final day was for the brainy campers who competed for the environmental quiz and theme capturing. When the battle began, the mind of every contestant was challenged and squeezed hoping to win the battle.

The three day YES Camp finally came to an end with the holding of closing program, but its lessons would be a beginning of treasured memories leaving a footprint of a wonderful experience.

Literary

Carbon Footprints

*Climate change mitigators found it's one
of the culprits*

*Why Mother Earth is in great pain and
suffering from an ailment*

Why people young or old alike

Play a big role so it will be reduced

Now is the time everyone should commit

*Life with all its complexities, mysteries
and wonders is impossible*

Without carbon I doubt if it is avoidable

*Carbon footprint in food can be reduced
if not avoided*

*Though bread, peanuts, pizza and other
delicacies*

Taste better especially when processed

*The use of firewood or LPG and even
electric power to cook our food*

*Production of carbon if not on pots and
utensils*

Especially on food can never be avoided

In fact it is even preferred

*The big question now is: Can carbon
footprint be reduced?*

*When in every aspect of human life not
only on food It is often overused*

*I'm leaving that question to you young
students*

Can you be a part in helping and healing

Mother Earth?

YES TWIN ROCK: A SMASH

**Hundreds of young environmental
mitigators and enthusiasts came
To help alleviate Mother Earth's ailment
was their ultimate aim**

**Fun games, mind boggling quizzes,
problems solved and analyzed
HOTS questions posed and answered,
doubts cleared**

**Ecstatic emotions revealed,
extraordinary skills honed
Exceptional talents strengthened, the
best contestants proclaimed**

**Facilitators, trainers, speakers and guests
shared and did their best
With the DepEd Division EPS, ASDS, and
the SDS as prime movers**

**Campers gained insights, realized their
wrong doings and made a vow
To join hands and share, take care of
Mother Earth NOW**

**Carbon footprints should be reduced if
not eradicated
Climate change mitigation and adapta-
tion, global warming be addressed
The future might be endangered**

**Forest, grassland, coral reef, and desert
need to be preserved
Start with one's diet take care of oneself
Go for a low Carbon style of life
Be aware of the effects of Climate
change! BE PREPARED
To have a safer environment and a
brighter future ahead.**

Sayawit: The Winning Piece of Catanduanes NHS

Lalalalala Woaahh...(8x)

Minsan naogma ang Maykapal
Buong Catanduanganon nagselebrar
Mga hiyas na ikinalat sa malasutlang dagat
At ang bayang pinili, nasa parte nin sirangan
Kaya't labing isang munisipyo
Nangangapit, kumakaway
Kaya't piliun mo ang samung isla
Kaya't piliun mo ang Catanduanes

Noong unang panahon
Ang mundo'y sagana
Maraming halaman at likas na yaman
Kapag sa banga, ni butil ay wala
Ang bundok at sapa, may dalang biyaya

Noong unang panahon
Ang simoy ng hangin
Nalalanghap natin sa bawat halaman
Bakit kaya ngayo'y kay init ng mundo
Plastic sinusunog, puno'y namamatay

Noong unang panahon
Ang patak ng ulan
Pinasasariwa, dahong nangingilaw
Nagayo'y nangangalit, may hanging kasabay
May bahang kasunod na nakamamatay

HALIKA....
Dati, paligid natin ay kayganda
Sariwang hangin ay langhap ko pa
Kahit san man pumunta
Kaliwa man o kanan
Kahit mag isa ka man
Kay gandang pagmasdan

Uya! Uya ang dalan, uya ang ugma
Magkasararo kita (2x)

Halina't tayo'y magtulungan
Magkaisa ang sambayanan
Himukin ang buong mamamayan
Linisin ang kapaligiran
Ohhhh... mag reduce, reuse, recycle, repair
Ohhhh... let's reduce our carbon footprints.

Usok dito, usok kahit saan
Kalat makikita sa daan
Ang mga tao sa ngayon

Ay walang disiplina
Ating kapaligiran ay napabayaan

Uya! Uya ang dalan, uya ang ugma
Magkasararo kita (2x)

To the left to the right kumilos ng saby-sabay
To the left to the right kumilos ng sabay-
sabay
Bye-bye pollution for the next generation
To the left to the right and make the garbage
out of sight
Bye killer carbon mother earth needs
protection

Everytime that we destroy earth,
nakakakonsensya
We'll do everything to help it to gain its
beautiness
'Di niyo alam ba't nagkaganito nakakaranas
tayo ng peligro
Kailangan nating malutas ito para sa
pagbabago

Tayo ay magkaisa
Ibalik ang ganda
Nang di tayo magdusa
Sa masama nitong bunga

Uya! Uya ang dalan, uya ang ugma
Magkasararo kita (2x)

Kung tayo ay magtutulungan
Maliligtas kapaligiran
Basura'y ating limitahan
Paraiso'y makakamtan

Ohhh.. mag reduce, reuse, recycle, repair
Ohhh.. let's reduce our carbon footprints
Ohhh.. halina't mother earth ligtasin
Ohhh,, para sating kinabukasan
Ohhh.. mag reduce, reuse, recycle, repair
Ohhh.. let's reduce our carbon footprints

Nagkakaisang kabataan
At nagkakaisang isla
Laban! Laban! sa nagbabagang klima
Let's reduce our carbon footprints
Ngakakaisang kabataan
At nakakaisang isla

Feature

How to Reduce Carbon Footprint

For the past decades, we have been threatened by the overwhelming effects of global warming. We have implemented programs and projects centered on mitigating its adverse effects. We are so much focused and felt distressed on what it will bring to us. However, have we considered the things that we have done and we are doing right now? Why is such danger posed to us? I guess not. We are living comfortably that almost everything is just a tap of our hand away.

The culprit of all these are green house gases (GHG) emitted in the atmosphere whether intentionally and unintentionally. The GHG's include nitrogen, methane, ozone, water vapor and carbon dioxide. Where do all these GHG's come from?

They come from our daily activities and the things we use to minimize our effort in doing our routines. Somehow, the excessive emission of GHG's affects our climate. The measurement of effects of GHG's in our climate is termed as carbon footprint.

It is interesting to note that even if we have heard, read and little by little seen and felt its effects, we still have not considered the fact that the ever increasing amount of GHG's every year is really our accountability. We have lived our cozy lives in this era where the idea of riding the carabao can only be seen in pictures and would later just become a memoir of the past. It can be noted that, the farmer who usually tends the carabao now rides the motorcycle and the animal obediently walks by his side, Therefore, the changes and the comfort that are brought to us by modern times make us vulnerable to increasing carbon footprint. The question is, should we trade our comfort with the impending risks of increasing our carbon footprints?

There is a way by which we can live comfortably without sacrificing our environment. It is to reduce carbon footprint. The most effective way to lessen carbon emission is either to decrease the

dependence in carbon emitting fuels. How can we do that? Consider the following:

Have you bought vegetables or crops grown in your area or do you always opt to buy products imported from other places?

The shorter the distance, the lesser is the combustion of fuel needed to transport those products.

Are you fond of eating fried and boiled meat rather than vegetables?

It takes less energy to digest vegetables than meat and less energy to cook vegetables than meat.

Do you always ride fuel generated vehicles just to get to a place 100 m or 200 m away?

It's better to take a walk. The less fuel we use, the less pollution released and less greenhouse gases emitted.

Do you turn off lights/appliances when not in use?

Save energy and save money.
Have you saved left-over food?

In saving left-over, you save 80% of energy to be used for cooking as well as methane gas that will be produced when it will decompose.

Do you use appliances? CFL in lighting your homes?

CFL has higher energy efficiency and thus use energy more efficiently than compact bulb. It is also better to choose appliances that have higher energy efficiency.

In addition, practice buying products that use less plastic and carry with you a shopping bag. It's better also to use paper bag in packing your dry goods.

Moreover, we can also consider practicing 3r's (Reuse, Reduce, Recycle), you save the energy and minimize the pollution.

Those are just simple things to be thought of, yet will have a meaningful impact in reducing our carbon footprint and thus reduce the dangers which have been brought to us by no less than ourselves.

(Continued from page 1)

which are the following: discipline mind, systemic mind, creative mind, respectful mind and ethical mind.

Dr. Estrella Placides encouraged the students to do their part as students in reducing carbon footprint such as putting the waste in the trash cans. She also advised the campers to become responsible. According to her, being young is a privilege but it requires responsibilities.

The induction of the Federated YES-O Officers was also done in the opening program. The Inducting Officer was Hon. Ronnie B. Clemente. Hon. Clemente assured the campers of the help of the barangay council in securing the safety of the place.

Finally, Ms. Mary Jean S. Romero gave her message and the orientation. She encouraged the campers to follow the rules of the camp and overcome the bad habits for their stay to become worthwhile and enjoyable.

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(Continued from page 1)

simple and voracious reader, she felt happy winning the title although she did not expect it. "I just did my best and enjoyed the pageant", thus confessed April Joy Gregorio.

Asked about her message to other contestants, she encouraged them to just do their best and enjoy all competitions they participated in.

Mr. Lakan is Jovinel M. Gianan , the son of Mr. Vicente G. Gianan and Mrs. Leonor Gianan . He is a senior high school student under the Basic Education Curriculum. The young lad hails from Capilihan, Mislagan Virac, Catanduanes.

According to him his edge over the other contestants is possessing self-confidence. Like the crowned Lakambini, he did not expect to win also, he just became true to himself.

It was maybe a coincidence that Jovinel is an altar of the knight and he is thinking of becoming a priest and during the final question and answer, the question was:" What will you do if tomorrow is already a doomsday?" His answer was: "I will pray." the three-word answer that made him win the tilt.

SPEECH CHOIR

1st Place	Bato RDHS
2nd Place	Catanduanes NHS
3rd Place	Gigmoto RDHS
4th Place	SAVS
5th Place	Supang-Datag NHS

ON -THE -SPOT POSTER MAKING CONTEST

1st Place	Gigmoto RDHS
2nd Place	Calatagan High School
3rd Place	Bato RDHS
4th Place	Catanduanes NHS
5th Place	SAVS

SAYAWIT

1st Place	Catanduanes NHS
2nd Place	Bato RDHS
3rd Place	Gigmoto RDHS
4th Place	SAVS
5th Place	Supang-Datag NHS

KALIKASAN ATTIRE MAKING—LAKAN

1st Place	Gigmoto RDHS
2nd Place	Calatagan High School
3rd Place	Catanduanes NHS
4th Place	Cabcab NHS
5th Place	SAVS

KALIKASAN ATTIRE MAKING—LAKAMBINI

1st Place	Calatagan High School
2nd Place	Catanduanes NHS
3rd Place	SAVS
4th Place	Caramoran RDHS
5th Place	Magnesia NHS

COOKING LOW CARBON MENU

1st Place	Bato RDHS
2nd Place	Catanduanes NHS
3rd Place	PSAT
4th Place	Calatagan HS
5th Place	ICSA

ENVIRONMENTAL QUIZ

1st Place	San Jose NHS
2nd Place	Viga RDHS

THEME CAPTURING

1st Place	Catanduanes NHS
2nd Place	Tubli NHS
3rd Place	Catanduanes NHS
4th Place	SAVS
5th Place	Palta NHS

LAKAMBINI NG KALIKASAN

Winner	Catanduanes NHS
1st Runner-Up	Gigmoto RDHS
2nd Runner-Up	SAVS
3rd Runner-Up	Viga RDHS
4th Runner-Up	San Jose NHS
Best in Talent	Gigmoto RDHS
Best in Production No.	Bato RDHS
Best in Kalikasan Attire	Calatagan HS
Ms. Friendship	Bato RDHS
Ms. Twin Rock	Bato RDHS
Best in Ramp	Catanduanes NHS
Ms. Photogenic	Bagamanoc RDHS

LAKAN NG KALIKASAN

Winner	Catanduanes NHS
1st Runner-Up	Bato RDHS
2nd Runner-Up	SAVS
3rd Runner-Up	San Miguel RDHS
4th Runner-Up	PSAT
Best in Talent	Catanduanes NHS
Best in Production No.	Catanduanes NHS
Best in Kalikasan Attire	Catanduanes NHS
Mr. Friendship	Cabcab NHS
Mr. Twin Rock	Catanduanes NHS
Best in Ramp	Catanduanes NHS
Mr. Photogenic	Calatagan HS

Reducing The Carbon Footprint

Speech Choir Winning Piece of Bato Rural Development High School

Try to identify yourself	add solar panel in your roof
Try to identify yourself	Wash your car less often, fly less
Ask what I would do	
Ask what I would do	Basura...basura...basura...basura...basura
If I were a carbon atom	Reuse, recycle, reduce, reproduce
If I were a carbon atom	and renew
.....(animal sound)	Buy local, eat local, eat less meat
Reducing the carbon footprint...	and dairy products
Reducing...reducing...reducing the	
carbon footprint	Support cleaner energy sources
	Maintain your car's air
Talk mysteries	And keep your tires properly inflated
Think of our life in nature	Bigger is not always better
Winds on our checks	
The solid earth	Conserve, preserve
The actual world	Be exact, use no plastic fan up
The multiple intelligence	
Contact, connect	Reducing the carbon footprint
Who are we?	Reducing the carbon footprint
Who are we?	Reducing the carbon footprint
Isa ako...isa ako...isa ako...	in our environment is not a liberal
Isa kaming carbon	nor conservative challenge
	It's a common sense
Life exist in the universe only	
because the carbon possesses certain	Good day everyone,
exceptional properties	We from Bato Rural Development High
God writes the gospel not only	School of the Division of Catanduanes
in the bible alone	Robustly believes civilization is the process
But on trees and flowers, and clouds and	or reducing infinite to finite
stars and most the earth	Campers in nature there are
	neither rewards nor punishments
Drive a fuel efficient vehicle	But! There are consequences.
Ride your bike,	Do not wait to adopt the fragrance
Walk or take public transportation	of our urinals
Mag cocommute ako hangang dulo	Always be exact!
Drive over the speed limit	
Anticipate stops and starts	Catandunganons, the good news is
Save energy...save energy...save energy	we know what to do
	But we should not wait
Choose efficient appliances	We cannot wait
Turn off the lights when not in use	And we must not wait
Replace incandescent bulb,	