



Republic of the Philippines  
Department of Education  
REGION V - BICOL  
SCHOOLS DIVISION OFFICE OF CATANDUANES

January 19, 2023

DIVISION MEMORANDUM  
OSDS- SGOD -DM- 036 S. 2023

**CONDUCT OF CONCENTRATION TRAINING OF ATHLETES IN PREPARATION  
FOR PALARONG BIKOL 2023**

To: Chief Education Supervisors  
Education Program Supervisors  
Public Schools District Supervisors  
Elementary and Secondary School Heads  
Elementary and Secondary School Teachers  
All Others Concerned

1. In connection with the conduct of Palarong Bikol 2023 sometime in April 2023, this office informs the field that there will be a concentration training of athletes every Saturday and Sunday, specifically on the following dates:

January 7,8,14,15,21,22,28,29  
February 4,5,11,12,18,19,25,26  
March 4,5,11,12,18,19,25,26

2. Moreover, concerned Public Schools District Supervisors and School Heads of athletes, coaches, and trainers who will be competing in the said palaro should be given the greatest possible support and assistance.

3. Parental consent and a copy of the vaccination card should be sought by the coaches from the athletes before the conduct of training. As much as possible, the training should be conducted in the barangay/school/district where the athletes reside. If the playing venue is not available where the athletes reside, the coach-in-charge should notify the SDO thru the DSO for a possible alternative. Teachers who wish to attend a coaching training in sports may attend during the concentration training of athletes.

4. Likewise, the coaches, trainers, and consultants shall be given service credits or compensatory time-off (CTO) whichever applies for services rendered on weekends and or extra hours rendered on weekdays, in compliance with the guidelines on the grant of service credits/compensatory time-off.



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5. Expenses in meals and transportation allowance of the athletes and training team shall be charged from the SEF (PLGU) subject to the existing rules and regulations of the finance division.
6. For information, guidance, and compliance of everyone.

By the authority of the SDS:

**AROLINE T. BORJA**  
Education Program Supervisor  
Officer-In-Charge

Encl: as stated  
To be indicated in the Perpetual Index under the following subjects:  
SPORTS Events  
ATB-DM-01/19/2023  
Conduct Of Mini-Provincial Meet



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