



DepEd - Division of Catanduanes
RECORDS SECTION

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Republika ng Pilipina
Kagawaran ng Edukasyon

REHIYON V - BICOL

TINGGAPANG PANSANGAY NG MGA PAARALAN NG CATANDUANES
SAN ROQUE, VIRAC, CATANDUANES

March 20, 2025

DIVISION MEMORANDUM

No. 299 s.2025

**2025 BICOL RUN IN SUPPORT TO THE REGION'S PARTICIPATION TO
PALARONG PAMBANSA, NATIONAL SCHOOLS PRESS CONFERENCE (NSPC)
AND NATIONAL FESTIVAL OF TALENTS (NFOT)**

To: OIC-Assistant Schools Division Superintendent
Chief Education Supervisors
Public Schools District Supervisors
Public School Heads
District/ School Partnership Focal Persons
District/ School Sports Coordinators
All Others Concerned

1. In line with the Regional Memorandum No. 00297, s.2025 titled "**2025 DepEd Bicol Run**" this Office through the School Governance and Operations Division will conduct a **simultaneous District-Based** activity on **April 26, 2025 at 5:00AM onwards** in support of the region's participation in the Palarong Pambansa, National Schools Press Conference (NSPC), and National Festival of Talents (NFOT).
2. The main objectives of the 2025 DepEd Bicol Run are:
 - encourage a healthy lifestyle among DepEd personnel, students, and stakeholders.
 - support regional representation for the Palarong Pambansa, NSPC, and NFOT by providing cash incentives.
3. A **registration fee** of One Hundred Fifty Pesos (**P150.00**) will be collected from each registered participant. A simple snacks will be served through the efforts of District/ School Partnership Focal Persons in cooperation with sponsor education partners and stakeholders.
4. All concerned districts and schools, are expected to make the necessary preparations for the event and ensure the registration of eligible participants through the Technical Working Group spearheaded by the PSDS and with the assistance of District/ School Partnership Focal Persons and District/ School Sports Coordinators.



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5. The run is open to all DepEd personnel, including teachers and non-teaching staff, students, parents, local government units, NGAs/ NGOs, and other education stakeholders. This is on VOLUNTARY BASIS ONLY.
6. The **proceeds** of the activity will be remitted by all PSDSs to the **SGOD Social Mobilization Unit** not later than **May 15, 2025**.
7. All participating teaching and non-teaching personnel shall be granted with one (1) day service credit/ COC pursuant to paragraph 3, 5.3, letter K on Joint Circular of the Civil Service Commission (CSC) and Department of Budget and Management (DBM) dated October 4, 2004.
8. All registered participants must have a waiver indicating that they are physically fit. For underage (learners) registered participants they have to submit a Parent's Permit. These documents must be compiled and kept at the District Offices as reference.
9. Travel and other incidental expenses that may be incurred in this activity may be charged to local funds/ MOOE upon approval of the School Head and other fund sources subject to the usual accounting and auditing rules and regulations.
10. Enclosed in this memorandum is the RM No. 00297, s.2025 and Activity Proposal of the activity.
11. For inquiries/ clarifications, please contact the Division Sports Coordinator and/ or SGOD Social Mobilization Unit.
12. The participation and support of all concerned is highly expected.
13. For information, guidance and compliance of all concerned.

By Authority of the OIC-Schools Division Superintendent:


EVA S. TOLENTINO
Administrative Officer V
Officer-in-Charge



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Enclosure No. 1 to Division Memorandum No. 299, s.2025

**2025 BICOL RUN IN SUPPORT TO THE REGION'S PARTICIPATION TO
PALARONG PAMBANSA, NATIONAL SCHOOLS PRESS CONFERENCE (NSPC)
AND NATIONAL FESTIVAL OF TALENTS (NFOT)
April 26, 2025 5:00AM**

REGISTRATION FORM





District: _____

No.	Name	Position	Agency/ Office/ School	Registration Fee (Amount Paid)	Signature

Remitted by: _____

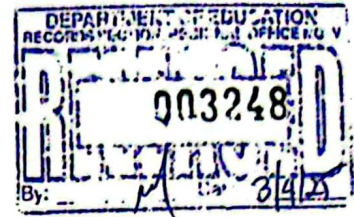
Received by: _____



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Republic of the Philippines
Department of Education
REGION V - BICOL



26 February 2025

REGIONAL MEMORANDUM
NO. 00297 s. 2025

2025 DEPED BICOL RUN

To : Schools Division Superintendents
DepEd RO V Functional and Support Divisions
All Others Concerned

1. The DepEd Regional Office V through the Education Support Services Division (ESSD) in coordination with various DepEd organizations, civil society organizations and key partners will conduct this year's **2025 DepEd Bicol Run** in support to the region's participation to Palarong Pambansa, National Schools Press Conference (NSPC) and National Festival of Talents (NFOT) in Ilocos Norte. The Activity will be conducted on **April 26, 2025 (Saturday)**. This will be done simultaneously in all DepEd Divisions/Districts. The Regional Office (RO) personnel will join one division for this activity.
2. All Schools Division Offices (SDOs) and/or districts are requested to select their venue for the simultaneous run to be held on April 26, 2025. Each SDO shall designate the School Governance and Operations Division (SGOD) through the Division Partnerships Coordinators (SEPS and EPS II for Social Mobilization and Networking) for the supervision and management of the activity in coordination with the Curriculum and Instruction Division (CID) to mobilize support.
3. All DepEd RO V personnel are requested to participate in this activity. The accomplished registration form must be submitted to the ESSD on or before April 23, 2025.
4. The Schools Division Offices (SDOs) are requested to remit collections to Bicol Region Association of School Sports Enthusiasts, Inc. c/o Mr. Francisco Dexter Sison, Regional Sports Officer and the President of the said organization.
5. There will be a registration fee amounting to Php350.00 per runner (with t-shirt) and Php150.00 (without t-shirt). All runners shall be awarded a certificate. The participation of the learners and DepEd personnel in this activity will be on **VOLUNTARY BASIS ONLY**.
6. Top 5 Divisions with the highest number of runners will be awarded with Certificates of Appreciation. Likewise, partners with the biggest number of runners will also be awarded Certificates of Appreciation.



Address: Regional Center Site, Rawis, Legazpi City, 4500

Telephone Nos.: 0969 516 9555

Email Address: region5@deped.gov.ph

Website: <https://region5.deped.gov.ph/>



Certificate No. PHP-GMS
24320103



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7. The proceeds from this activity shall be utilized for the cash incentives of the winning athletes, student contestants in the Palarong Pambansa, NFOT, and NSPC. Part of the proceeds will be used in the region's participation to the Cleanest and Greenest Contest, Most Disciplined, Most Organized, Best Billeting School, Most-Eco Friendly Contest during the 2025 Palarong Pambansa.
8. A Virtual Coordination and Updating Conferences with the Schools Division Offices (SDOs) to be participated by all SGOD Chiefs, CID Chiefs, SEPS and EPS II for Social Mobilization and Networking will be done on March 17, 2025, 9 am via Google Meet. The meeting link shall be sent later.
9. All participating DepEd Personnel, members of the Technical Working Committees (TWC) and other support staff shall be granted with service credits/compensatory overtime credit for their service rendered for the said date which fall on a Saturday, pursuant to paragraph 3 5.3 letter K on Joint Circular of the Civil Service Commission (CSC) and the Department of Budget and Management dated October 4, 2004.
10. Please be guided accordingly.


GILBERT T. SADSAD
Regional Director

Encls: As stated
To be indicated in the Perpetual Index
under the following subjects:
Palarong Pambansa

ESSD/SPPS/mcgb
2/26/2025



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Activity Proposal

- I - Title : 2025 DEPED BICOL RUN
For the benefit of Bicolano Athletes, Learner Journalists, and Medalists of NFOT
- II - Proposed Date : April 26, 2025, Saturday (simultaneous in all SDOs, DepEd Districts, Big Schools)
- III - Assembly Time : 6:00 AM
- IV - Venue : Each Division and/or District Offices shall identify the area for the 2025 DepEd Bicol Run
- V - Activity Objectives

1. Provide an avenue to advocate physical fitness and exercise to improve health and wellness;
2. Support Bicolano athletes, learner journalists and medalists of NFOT who will represent the Bicol Region in the 2025 Palarong Pambansa in Laoag City, National Schools Press Conference (NSPC) in Vigan City, and National Festival of Talents (NFOT) 2025.
3. Mobilize resources to support the participation of DepEd Bicol Region to 2025 Palarong Pambansa Clean and Green Contest.

VI - Program of Activities

Time	Activities
6:00 AM	Stretching / Warm-Up/Assembly of Runners
6:15 AM	Bicol Run 2025
9:30-10:30 AM	Zumba
10:30 AM to 12:00 Noon	Physical Fitness and Health Awareness Orientation
1:00-4:00 PM	Tree Planting and other National Greening Activities

VII - Mechanics and Guidelines

1. The Bicol Run 2025 shall be done simultaneously in all Divisions on April 26, 2025, starting at 6 AM.
2. For participants who will opt to register with t-shirt, the registration fee is at PhP350.00 per runner, while those who will not avail of the t-shirt, the registration fee is PhP150.00. The Schools Division Offices (SDOs) will facilitate for the procurement of the t-shirts. Each Division shall deduct PhP20.00 per runner to defray for the expenses during the Activity and/or share of the division for their participation to Palarong Pambansa. Below is the proposed remittance:

Runners with Tshirt	PhP350.00 registration per runner	Cost for t-shirt PhP150.00 per runner	Division share PhP20.00 Per runner	To be remitted to BRASE, Inc: PhP180.00
Runners who opted without t-shirt	PhP150.00	-	PhP20.00	PhP130.00

3. Below is the proposed percentage distribution of the net income from the registration fee collected:

Percentage Distribution of Net Income	Proposed Expenditures	Remarks
30%	Incentives of the athletes to the 2025 Palarong Pambansa	
20%	Incentives of the learner journalists to the 2025 National Schools Press Conference (NSPC)	Please see Annex A for the detailed program of
20%	Incentives of the learner medalists to the 2025	



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	National Festival of Talents (NFOT)	expenditure
15%	Miscellaneous expenses for the Palarong Pambansa	
15%	Clean and Green Initiatives of DepEd Region V	
PhP100%		

4. Participation of DepEd Personnel (teaching and non-teaching) and learners will be voluntary.
5. All finishers will be awarded certificates. Top 5 Divisions with the highest number of runners will be awarded with Certificates of Appreciation. Likewise, partners with the biggest number of runners will also be awarded Certificates of Appreciation.
6. All runners must accomplish the attached health declaration form and a waiver indicating that they are physically fit. The Committee-In-Charge per Division must compile all waivers submitted as reference.
7. All Schools Division Offices (SDOs) shall conduct the 2025 DepEd Bicol Run and Tree Planting Activities in Support to Palarong Pambansa and the National Greening Program. For 2025 DepEd Bicol Run, SDOs shall designate the School Governance and Operations Division (SGOD) and tap the Division Partnerships Coordinators (SEPS and EPS II for Social Mobilization and Networking) to spearhead the Activity in coordination with the Curriculum and Instruction Division (CID) to mobilize support for the participation to the 2025 NSPC and NFOT.
8. All SDOs are requested to remit the proceeds to the Bicol Region Association of School Sports Enthusiasts, Inc (BRASE) c/o Francisco Dexter Sison, President from April 28 to May 15, 2025, Legazpi Sports Center, Legazpi City.
9. All participating DepEd Personnel, members of the Technical Working Committees (TWC) and other support staff shall be granted with service credits/compensatory overtime credit for their service rendered for the said date which fall on a Saturday, pursuant to paragraph 3 5.3 letter K on Joint Circular of the Civil Service Commission (CSC) and the Department of Budget and Management dated October 4, 2004.
10. A Memorandum will be released to the field for this Activity.

IX - Monitoring and Evaluation

1. Contextualized Online Monitoring and Evaluation Tools.
2. Narrative / Accomplishment Report.
3. Documentation (pictures, videos, audio recording).

Prepared by:

MARIA CRISTINA G. BAROSO
Project Development Officer IV
Officer-in-Charge, ESSD

Recommending Approval:

BEBIANO I. SENTILLAS
Asst. Regional Director



Republic of the Philippines
Department of Education
Region V (Bicol)

Approved:

GILBERT T. SADSAD
Regional Director