

Republika ng Pilipinas
Kagawaran ng Edukasyon
REHIYON V (BIKOL)

TANGGAPANG PANSANGAY NG MGA PAARALAN NG CATANDUANES


April 11, 2025

DIVISION MEMORANDUM
No. 353 s.2025

**ADDENDUM TO DIVISION MEMORANDUM NO. 339, S.2025
(SPIRITUAL WELLNESS IN THE WORKPLACE FOR SDO CATANDUANES
PERSONNEL)**

To: SGOD & CID CES and Personnel
OSDS Unit Heads and Personnel
All Others Concerned

1. The venue for the Spiritual Wellness for SDO Personnel tomorrow, April 12, 2024 will be Twin Rock Beach Resort, Igang Virac Catanduanes
2. All personnel are requested to wear t-shirt with touch of white.
3. The service car will be available at the Division Office at 8:00 AM for those who have no personal transport service. It will depart from the SDO at 8:15 AM.
4. The Program of activities is attached and enclosed to this memorandum.
5. For information and guidance.


CECILE C. FERRO CESO VI
Asst. Schools Division Superintendent
Officer-in-Charge
Schools Division Superintendent



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**SPIRITUAL WELLNESS IN THE WORKPLACE FOR SDO CATANDUANES
PERSONNEL**

April 12, 2025

MORNING

- 8:00 – 9:00 - Registration
- 9:00 – 10:00 - Session 1- Spirituality in the Workplace
- 10:00- 10:30 - Snacks/Personal Reflection/Group Dynamics
- 10:30- 12:00 - Session 2 –Sustaining Connection with the Divine

AFTERNOON

- 12:00- 1:30 - Lunch/Personal Reflection/Examine of Conscience
- 1:30 - 3:00 - Confessions
- 3:00 - 4:00 - Mass
- 4:00 - 5:00 - Fellowship/ Agape
- 5:00 - Home