





Republika ng Pilipinas  
Kagawaran ng Edukasyon  
Region 5 (Bikol)

**TANGGAPANG PANSANGAY NG MGA PAARALAN NG CATANDUANES**

6. For further questions or clarifications, please contact: Nino Gerard Ceneta, EPS-Science and Senior High School Focal Person @ [ninogerard.ceneta@deped.gov.ph](mailto:ninogerard.ceneta@deped.gov.ph) and Carol P. Gil- Senior Education Program Specialist- Human Resource Development Section at [hrd.ctd@deped.gov.ph](mailto:hrd.ctd@deped.gov.ph).
7. Immediate dissemination of the Memorandum is desired.

By Authority of the OIC-Schools Division Superintendent:

  
**EVA S. TOLENTINO**  
Administrative Officer  
Officer-In-Charge



Republika ng Pilipinas  
Kagawaran ng Edukasyon  
REHIYON V (BIKOL)

TANGGAPANG PANSANGAY NG MGA PAARALAN NG CATANDUANES

Enclosure No.1 of DM 007 2026

**LIST OF PARTICIPANTS TO REGIONAL TRAINING OF TEACHERS ON  
STRENGTHENED SENIOR HIGH SCHOOL (SSHS) CURRICULUM**

<b>Core Subjects</b>	<b>No.</b>	<b>Name of Participants</b>	<b>Position</b>	<b>School</b>	<b>Email Address</b>
<i>Effective Communication</i>	1	Anne Marianne A. Osila	Teacher II	CNHS	annemarianne.osila@deped.gov.ph
	2	Sheena Mae P. Tresmanio	Teacher I	Calatagan HS	sheena.tresmanio@deped.gov.ph
<i>General Mathematics</i>	1	Javine M. Tolledo	Teacher VI	CNHS	javine.magtan@deped.gov.ph
	2	Vanessa Yvette V. Alberto	Teacher I	CNHS	vanessayvette.vargas@deped.gov.ph
	3	Alvin T. Icaranom	Teacher II	Agban NHS	alvin.icaranom@deped.gov.ph
	4	Ariel R. Tanael	Teacher III	Gigmoto RDHS	ariel.tanael@deped.gov.ph
<i>General Science</i>	1	Cheryl A. Tayas	Teacher VI	CNHS	Cheryl.tayas@deped.gov.ph
	2	Ma. Lorylyn R. Burce	Teacher VI	SAVS	malorylyn.burce@deped.gov.ph
	3	Amy Q. Torzar	Teacher III	Bato RDHS	amy.torzar@deped.gov.ph
	4	Rudilyn D. Morales	Teacher II	Cabugao IS	rudilyn.morales@deped.gov.ph
<i>Life and Career Skills</i>	1	Marijen T. Tablizo	Teacher V	Antipolo NHS	marijen.tablizo@deped.gov.ph
	2	Charlotte A. Sabaldan	Teacher II	Calatagan HS	charlotte.sabal@deped.gov.ph
	3	Alfred S. Padayao	Teacher II	Palta NHS	alfred.padayao@deped.gov.ph
	4	Amando S. Joven	Teacher I	SAVS	amando.joven@deped.gov.ph



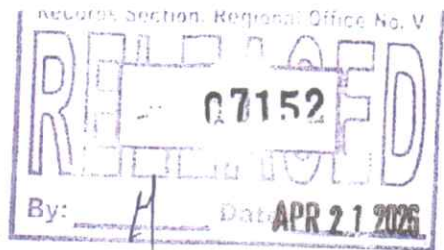
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**TANGGAPANG PANSANGAY NG MGA PAARALAN NG CATANDUANES**

<i>Mabisang Komunikasyon</i>	1	Ruby T. Solsona	Teacher III	CNHS	ruby.solsona@deped.gov.ph
	2	Noreen M. Uchi	Teacher VI	CNHS	noreen.uchi@deped.gov.ph
	3	Cristopher A. Tud	Teacher III	Gigmoto RDHS	christopher.tud@deped.gov.ph
<i>Pag-aaral ng Kasaysayan at Lipunang Pilipino</i>	1	Elaine D. Sorreda	Teacher VI	Calatagan HS	elaine.sorreda@deped.gov.ph
	2	Karen Gonzales Tosoc	Teacher V	San Miguel RDHS	karen.tosoc001@deped.gov.ph
	3	Jessie S. Joven	Teacher I		jessie.joven@deped.gov.ph
	4	Jose Paulo Rodolfo Salvador	Teacher I	Cabugao IS	josepaulo.salvador@deped.gov.ph



Republic of the Philippines  
**Department of Education**  
 REGION V - BICOL



**17 April 2026**

REGIONAL MEMORANDUM  
 No. 00565 s. 2026

**REGIONAL TRAINING OF TEACHERS ON STRENGTHENED  
 SENIOR HIGH SCHOOL (SSHS) CURRICULUM**

To : Assistant Regional Director  
 Schools Division Superintendents  
 Chiefs of HRDD, CLMD, and QAD  
 CID and SGOD Chiefs  
 All Others Concerned

1. As established in DM-OULS-2026-130 titled *Implementation of the 2026 Training and Development Activities for the Strengthened Senior High School (SSHS) Curriculum*, and in support of the full implementation of the SSHS Curriculum in School Year 2026–2027 (DepEd Memorandum No. 12, s. 2026), the Department of Education, through the National Educators Academy of the Philippines (NEAP), shall roll out a series of training and development activities aimed at enhancing teachers' understanding of the curriculum and strengthening their capacity for its effective implementation.

2. In support of this initiative, DepEd Regional Office V through the Human Resource Development Division – National Educators Academy of the Philippines in the region (HRDD-NEAP R) in collaboration with the Curriculum and Learning Management Division (CLMD) and Quality Assurance Division (QAD) shall lead the region's conduct of the **Regional Training of Teachers on Strengthened Senior High School Curriculum**.

3. To ensure the smooth implementation of the conduct of the regional training, all concerned are hereby enjoined to take cognizance of the following schedules:

Program	Focus Participants	Training Period	Venue
Regional Staff Orientation Workshop (RSOW) for the Regional Training of Teachers on the Strengthened Senior High School Curriculum	Regional Trainers, PMT, CLMD, HRDD, QAD Personnel	May 22-23, 2026	Within Albay



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Regional Training of Teachers on the Strengthened Senior High Curriculum	Select Participants, Regional Trainers, PMT, CLMD, HRDD, QAD Personnel	June 2-6, 2026	Within Albay
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4. Schools Division Offices (SDOs) through Division SHS Coordinator in coordination with CID Learning Area Supervisors and SGOD-HRDS are directed to endorse participants to the regional training following the attached *Enclosure 1 – Allotment for the Training of Teachers*. Priority shall be given to teachers who did not participate in the National Training on the Strengthened Senior High School Curriculum for Teachers (Core Subjects) held on May 25–28 and May 28–June 1, 2025. Endorsements shall be emailed to [neap.r5@deped.gov.ph](mailto:neap.r5@deped.gov.ph) **on or before June 8, 2026**.

5. HRDD-NEAP R shall also coordinate with the Quality Assurance Division (QAD) at the regional office and SGOD for the endorsement of members of Program Management Team.

6. Participants are reminded to bring their own laptops, extension cords, personal internet connectivity devices (e.g., mobile data or pocket Wi-Fi), and personal medicines to ensure seamless participation in workshop outputs.

7. The following training expenses shall be covered by the downloaded HRD Fund and shall be utilized following the provisions in DM-OULS-2026-112, “*Guidelines on the Utilization of the Downloaded Human Resource Development for Personnel in School and Learning Centers (HRDPSLC) Fund for the Conduct of the Strengthened Senior High School Training Program*” dated March 18, 2026.

- A. Board and lodging
- B. Supplies and Materials
- C. Travel Expense of all participants for the regional training

8. Also indicated in the above-cited utilization guidelines, the use of funds herein shall be in accordance with existing budgeting, accounting, auditing, and procurement laws, rules, and regulations. Any excess amount or resulting balance may be utilized for expenses related to the implementation of the above enumerated P/A/Ps covered by this issuance, subject to existing budgeting, accounting, auditing, and procurement laws, rules, and regulations. For this purpose, “related expenses” shall refer to those that contribute to a common particular outcome aligned with the objectives of this issuance. In cases where the downloaded funds are insufficient,



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available local funds may be utilized, subject to existing guidelines and applicable accounting and auditing rules and regulations.

9. Furthermore, pursuant to DepEd Order No. 013, s. 2024, teachers whose attendance in these officially authorized activities falls on class suspensions/cancellations, weekends, holidays, or during the vacation period shall be entitled to vacation service credits, subject to existing rules and regulations.

10. For further questions or clarifications, please contact the following members of the Training Management Team of the regional office:

**Strengthened Senior High School Curriculum – Training Management Team**

<b>Program Managers</b>	<b>Position &amp; Office</b>	<b>Email</b>
Sancha M. Nacion	CES, HRDD-NEAP R	<a href="mailto:sancha.nacion@deped.gov.ph">sancha.nacion@deped.gov.ph</a>
Jeremy A. Atad	EPS II, HRDD-NEAP R	<a href="mailto:jeremy_atad@deped.gov.ph">jeremy_atad@deped.gov.ph</a>
<b>Learning Managers</b>		
Grace U. Rabelas	CES, CLMD	<a href="mailto:grace.rabelas@deped.gov.ph">grace.rabelas@deped.gov.ph</a>
Ma. Leilani R. Lorico	EPS, CLMD	<a href="mailto:ma.lorico@deped.gov.ph">ma.lorico@deped.gov.ph</a>

11. For information, guidance, and compliance.

  
**GILBERT T. SADSAD**  
Regional Director

Encls: As stated.

To be indicated in the Perpetual Index  
under the following subjects:

STRENGTHENED SENIOR HIGH SCHOOL NEAP TRAINING

HRDD-CLMD/smu/jaa  
17/04/2026



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*Enclosure No. 1: Slot by Schools Division Office (SDOs)*

**Regional Training of Trainers for Strengthened Senior High School  
June 2-6, 2026**

Core Subjects	Albay	Cam. Norte	Cam. Sur	Catanduanes	Iriga City	Legazpi City	Ligao City	Masbate City	Masbate	Naga City	Sorsogon City	Sorsogon	Tabaco City
Effective Communication	3	3	4	2	2	2	2	2	3	2	2	3	2
General Mathematics	5	4	6	4	2	3	3	2	5	3	2	4	3
General Science	4	4	6	4	3	2	2	2	4	3	3	4	2
Life and Career Skills	5	4	7	4	4	3	3	3	5	3	3	6	3
Mabisang Komunikasyon	4	3	5	3	1	1	1	2	4	1	1	4	1
Pag-aaral ng Kasaysayan at Lipunang Pilipino	4	4	6	4	2	3	3	2	4	3	3	4	2
	<b>25</b>	<b>22</b>	<b>34</b>	<b>21</b>	<b>14</b>	<b>14</b>	<b>14</b>	<b>13</b>	<b>25</b>	<b>15</b>	<b>14</b>	<b>25</b>	<b>13</b>