



Republic of the Philippines  
**Department of Education**  
REGION V

SCHOOLS DIVISION OFFICE OF CATANDUANES



October 18, 2023

**DIVISION MEMORANDUM**  
**OSDS-SGOD-SHN-DM-436 s. 2023**

**9<sup>th</sup> BICOL MENTAL HEALTH CONGRESS cum MENTAL HEALTH FAIR**

TO : Assistant Schools Division Superintendent  
Chief, SGOD and CID  
Division Health Personnel  
All others concern

1. The Department of Health – Bicol Center for Health Development will be conducting the 9<sup>th</sup> Bicol Mental Health Congress on the October 25, 2023 at the Hotel St. Ellis, Legazpi City.
2. The following Division Health Personnel are to attend:
  - a. Ahdel Idanan, RN II
  - b. Emeline Francia Abrasaldo, RN II
3. Meals and other incidental expenses relative to this activity will be charged against the School-Based Feeding Program Support Fund Savings of 2022, subject to the usual accounting and auditing rules and regulations.
4. Attached here is the Regional Reference Memo.
4. For widest dissemination and compliance.

  
**SOCORRO V. DELA ROSA**  
Schools Division Superintendent

Encl:  
To be indicated in the Perpetual Index  
Under the following subject:  
9<sup>th</sup> MENTAL HEALTH CONGRESS  
KGS/DM – 9<sup>th</sup> MENTAL HEALTH CONGRESS\_\_\_/ OCTOBER 18, 2023



San Roque, Virac, Catanduanes  
(052) 811-40-63  
[catanduanes@deped.gov.ph](mailto:catanduanes@deped.gov.ph)



Teng Santelices &lt;kristine.santelices001@deped.gov.ph&gt;

**Fwd: INVITATION: 9th Bicol Mental Health Congress on October 25, 2023**

1 message

Magdalena Martinez <cbrphocat@gmail.com>  
To: kristine.santelices001@deped.gov.ph

Tue, Oct 17, 2023 at 1:59 PM

----- Forwarded message -----

From: **Magdalena Martinez** <cbrphocat@gmail.com>  
Date: Mon, Oct 16, 2023, 12:58 PM  
Subject: Fwd: INVITATION: 9th Bicol Mental Health Congress on October 25, 2023  
To: RHU VIRAC <rhuvirac0126@yahoo.com>

----- Forwarded message -----

From: **DOH BICOL Mental Health Program** <mentalhealth@bicol.doh.gov.ph>  
Date: Wed, Sep 27, 2023, 9:24 AM  
Subject: Re: INVITATION: 9th Bicol Mental Health Congress on October 25, 2023  
To: Magdalena Martinez <cbrphocat@gmail.com>, angelmd26@yahoo.com <angelmd26@yahoo.com>

Dear Dr. Martinez &amp; Dr. Lamban:

Greetings of health and wellness!

This is in connection with the invitation letter we sent previously. May we kindly follow up about our request for assistance about the nomination of the **(15) participants** to attend the scheduled **“9<sup>th</sup> Bicol Mental Health Congress cum Mental Health Fair”**, with a theme **“Mental Health is a Universal Human Right”** on October 25, 2023 (8:00 AM - 5:00 PM) at Hotel St. Ellis, Legazpi City. Participants are preferably coming from the local health facilities, chief executives, Kagawad on Health, social worker, youth leaders and other stakeholders directly involved in the implementation of MHSUPP to attend this event.

Invited participants from Camarines Norte and island provinces may avail of Day 0 accomodation.

May we request **you** and the **(15) nominated participants** to please kindly confirm attendance through this link: <https://bit.ly/9thBicolMentalHealthCongress> **until September 30, 2023**.

For queries and concerns, kindly contact Ms. Windalyn G. Baluis, Regional Mental Health Program Manager at mobile number 09171154476/09102212382 or email at [mentalhealth@bicol.doh.gov.ph](mailto:mentalhealth@bicol.doh.gov.ph).

Thank you very much!

On Fri, Sep 15, 2023 at 8:00 AM DOH BICOL Mental Health Program <mentalhealth@bicol.doh.gov.ph> wrote:  
Dear Governor Cua:

Greetings of health and wellness!

In connection to the invitation letter we sent previously for the scheduled **“9<sup>th</sup> Bicol Mental Health Congress cum Mental Health Fair”** on October 25, 2023 (8:00 AM - 5:00 PM) at Hotel St. Ellis, Legazpi City, may we respectfully invite the DDAPTP Coordinator of the province to attend the above-mentioned event

In this connection, may we invite **Dr. Magdalena Martinez** and **Dr. Angel Albert F. Lamban** to attend the above-mentioned activity and may we request them to kindly assist us in facilitating the invites of at least **fifteen (15) participants** preferably coming from the local health facilities, chief executives, Kagawad on Health, social worker, youth leaders and other stakeholders directly involved in the implementation of MHSUPP to attend this event.

May we kindly request the participants to confirm attendance through this link: <https://bit.ly/9thBicolMentalHealthCongress> on or before September 30, 2023.

Attached herewith is the revised copy of the Invitation Letter for the said event.

Thank you for your usual support.

On Fri, Sep 8, 2023 at 9:29 AM DOH BICOL Mental Health Program <[mentalhealth@bicol.doh.gov.ph](mailto:mentalhealth@bicol.doh.gov.ph)> wrote:

Dear Governor Cua:

Greetings of health and wellness!

In observance of the World Mental Health Day and National Mental Health Week Awareness Campaign, the Department of Health Bicol Center for Health Development (DOH Bicol CHD) through the Mental Health and Substance Use Prevention Program (MHSUPP) scheduled the “**9<sup>th</sup> Bicol Mental Health Congress cum Mental Health Fair**”, with a theme “**Mental Health is a Universal Human Right**” on October 25, 2023 (8:00 AM - 5:00 PM) at Hotel St. Ellis, Legazpi City. This aims to raise public awareness on mental health and substance use prevention by benchmarking and strengthening health services in Bicol Region.

In this connection, may we invite **Dr. Magdalena Martinez** to attend the above-mentioned activity and may we request her to assist us in facilitating the invites of at least **fifteen (15) participants** preferably coming from the local health facilities, chief executives, Kagawad on Health, social worker and other stakeholders directly involved in the implementation of MHSUPP to attend this event.

May we kindly request the participants to confirm attendance through this link: <https://bit.ly/9thBicolMentalHealthCongress> on or before September 30, 2023.

For queries and concerns, kindly contact Dr. Monrey Isaiah C. Mancilla, Cluster Head of NCDPC or Ms. Windalyn G. Baluis, Regional Mental Health Program Manager at mobile number 09171154476/09102212382 or email at [mentalhealth@bicol.doh.gov.ph](mailto:mentalhealth@bicol.doh.gov.ph).

Attached herewith is the copy of the Invitation Letter for the said event.

Thank you for your usual support.

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Kind regards,

**Mental Health Program**  
**Non-Communicable Disease Prevention & Control Cluster**  
**Local Health Support Division**  
**Department of Health - Bicol Center for Health Development**  
Bagtang Road Sagpon Daraga, Albay, Philippines  
Tel. (052) 204-0040 / 204-0050 / 204-0090 / 742-1731 **loc 5261**