



Republic of the Philippines  
**Department of Education**  
Region V – Bicol

**SCHOOLS DIVISION OFFICE OF CATANDUANES**



May 04, 2021

DIVISION MEMORANDUM  
OSDS-SGOD-DM- 183 S. 2021

To: Assistant Schools Division Superintendent  
Chief, SGOD and CID  
Public Schools District Supervisors  
Elementary and Secondary School Heads  
School Health & Nutrition Personnel  
Division Youth Formation Officer  
Division DRRM Coordinator  
School Guidance Counsellor/Designate

**CONDUCT OF WEBINAR SERIES ON PSYCHOSOCIAL SUPPORT AND STRESS MANAGEMENT TO SCHOOLS**

1. The Department of Education Division of Catanduanes in collaboration with Save the Children Philippines will be holding a Capacity Building Activities to selected school personnel through a webinar series on May 12- 14, 2021.
2. The activity aims to:
  - a. Increase understanding on children's rights, child protection, mental health and psychosocial support.
  - b. Equip with skills in providing Psychological First Aid for children and;
  - c. Enhance skills in managing stress.
3. Expected participants to this activity are the Secondary Guidance Counsellor/Designates, Selected Elementary Mental Health Coordinators, School Health Personnel, ALS Teachers, Youth Formation Officers, and Division DRRM Coordinator respectively.
4. This is an online training via Zoom; Links shall be provided to the participants on the day of the trainings. Those who will be able to complete the 3 day workshops shall be given load allowance.
5. In response to COVID-19 health protocols, physical distancing, wearing facemask and face shields, and practice hand hygiene is highly expected.
6. EIC materials will be distributed to district offices to complement the virtual training provided by the service provider.





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7. For any queries please contact the Division MHPSS Focal Anavel Joson to 09298060037 or you can email to [anavel.joson@deped.gov.ph](mailto:anavel.joson@deped.gov.ph).
8. For information, guidance and compliance.

**SUSAN S. COLLANO**  
OIC-Schools Division Superintendent

Encl:

References:

To be indicated in the Perpetual Index  
Under the following subjects:

HNS/ DM Webinar Series on Psychosocial Support and Stress Management to Schools  
000\_\_\_\_/ May 4, 2021

