



Republic of the Philippines
Department of Education
REGION V
SCHOOLS DIVISION OFFICE OF CATANDUANES

UNNUMBERED MEMORANDUM
OSDS-SGOD-SHN 3/29/2023 KGS

TO : Assistant Schools Division Superintendent
Chief, SGOD and CID
SDO Section Heads
School Health Personnel
All other Concern

FROM : SUSAN S. COLLANO
Schools Division Superintendent

DATE : March 29, 2023

SUBJECT: BLOOD PRESSURE & SUGAR MONITORING OF SDO PERSONNEL

1. Please be advised that there will be a Blood pressure and sugar monitoring for all SDO personnel every Monday after Flag Ceremony at SDO lobby from 8:00-9:00 am.
2. The objective of this activity is to promote health awareness to the SDO personnel.
3. Attached is the schedule of health personnel on duty every Monday to render health services.
4. For widest dissemination and compliance.





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**SCHEDULE OF HEALTH PERSONNEL ON DUTY FOR BP/ SUGAR
MONITORING EVERY MONDAY (8:00-9:00AM)**

Date	Name of Health Personnel
April	
3	Erma B. Pampanga Jennifer Casallo
11	Dr. Hidelita Posada Ahdel Idanan
17	Maribel Samonte Ma. Theresa Abundo
24	Emeline Francia Abrasaldo Anavel M. Joson
May	
2	Dr. Amylou B. Celso Rosita A. Tabirara
8	Erma B. Pampanga Jennifer Casallo
15	Dr. Hidelita Posada Ahdel Idanan
22	Maribel Samonte Ma. Theresa Abundo
29	Emeline Francia Abrasaldo Anavel M. Joson
June	
5	Dr. Amylou B. Celso Rosita A. Tabirara
12	Erma B. Pampanga Jennifer Casallo
19	Dr. Hidelita Posada Ahdel Idanan
26	Maribel Samonte Ma. Theresa Abundo
JULY	
3	Emeline Francia Abrasaldo Anavel M. Joson
10	Dr. Amylou B. Celso Rosita A. Tabirara
17	Erma B. Pampanga Jennifer Casallo
24	Dr. Hidelita Posada Ahdel Idanan
	Maribel Samonte Ma. Theresa Abundo



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